

EXAMPLE

4-H Project Record

Child Development, Consumer Savvy, Financial Champions, Foods (Units 1-4, Cultural Foods Unit 30, Food Preservations Units 41-44, Passport to Foreign Cookery Unit 35, and Outdoor Cooking and Living Unit 25)

Colorado
State
University

Extension



2012-2013

Project: Consumer Savvy	Name: Chris Clover
Unit Number and/or Title: Unit 1	4-H Club: Los Caballeros
Year in this Project: 1 (include current year)	County: San Juan
Age Group (check one): <input type="checkbox"/> Junior (8-10) <input checked="" type="checkbox"/> Intermediate (11-13) <input type="checkbox"/> Senior (14-18)	
Birthdate: September 12, 2000 (mm/dd/yy)	
Age 12 (As of December 31, 2012)	

Project and exhibit guidelines for each project are listed in the State Fair Exhibit Requirements available on the web at www.colorado-4h.org.

I declare that the information in this book is correct and all 4-H requirements have been completed, to the best of my knowledge.

Member's Signature <i>Chris Clover</i>	date <i>July 18, 13</i>
Leader's Signature <i>[Signature]</i>	date <i>July 18, 13</i>
Parent/Guardian Signature <i>Jean Clover</i>	date <i>July 18, 2013</i>



How I Participate in 4-H!

Categories of Participation	Total this Year	Description
4-H Projects Completed		Consumer Savvy, Unit 1 Foods, Unit 2
4-H Workshops/ Skill Activities/ Contests in this project		Consumer Choices Club Practice, February 9, 2013 Project Meetings, Jan.11, Feb 9, March 12, and May 10 Consumer Choices Contest (County), April 20, 2013 Speech and Demonstrations Contest (County), April 6, 2013
Leadership Development in this project		NA/ no younger members in this certain project area
Junior or Teen Leader		Helped with the Consumer Choices Club Practice, February 9, 2013

	Date	Hours	Activity	Location
Citizenship/ Community Service	Jan.11.2013	4	Putting care packages together for troops overseas- Los Caballeros 4-H Club	Aurora
	Mar.2.2013	6	Community Service Project- Ronald McDonald House 4 hours @ RM house, 2 hours purchasing/preparing food	
Demonstrations/ Presentations/ Speeches	April 6.2013	10 min.	Demonstration @ County Contest- What Kind of Consumer are you?	Littleton

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Project Expense and Income/Value

Sum up your costs for your project, such as: tools, equipment, ingredients, participation fees, etc. Then sum up any income or value for your project, such as: value of the completed product, exhibit prizes, etc. To find the value of your project, refer to the current retail value of like things (if on hand and not purchased).

Item	Project Expenses	Income or Value
Pad of paper to use for activities in manual	\$1.00	\$0
Trip to the store- March- take a look at items on my wish list and price them	\$3.37	\$0
Journal to keep track of spending- Where has my money gone? How to get what I want	\$10.00	\$0
Trip to store to compare prices for items/purchase supplies for exhibit	\$ 3.37	\$0
Calculator- activities in manual	\$5.00	\$0
Supplies for fair exhibit: board, paper, markers, stickers, stencils	\$33.11	\$0
	\$	\$
TOTALS	\$55.85	\$0

Profit and Loss Intermediate and Senior Members

1. What is the profit/loss for this project? (To determine the profit or loss, subtract expenses from the income or value of the project. If the number is positive, it is profit; if it is negative, it is a loss.)

There was a loss of 55.85 with this project

2. Why is it important to understand profit and loss?

So that you have an understanding of how much time and effort goes into the project and to see if the project is worth doing

3. Is this project worth taking if you don't make a profit? Please explain your answer.

Yes, it is worth doing as it taught me the importance of being a good consumer, making good choices with my money, and seeing what I really wanted to spend my money on

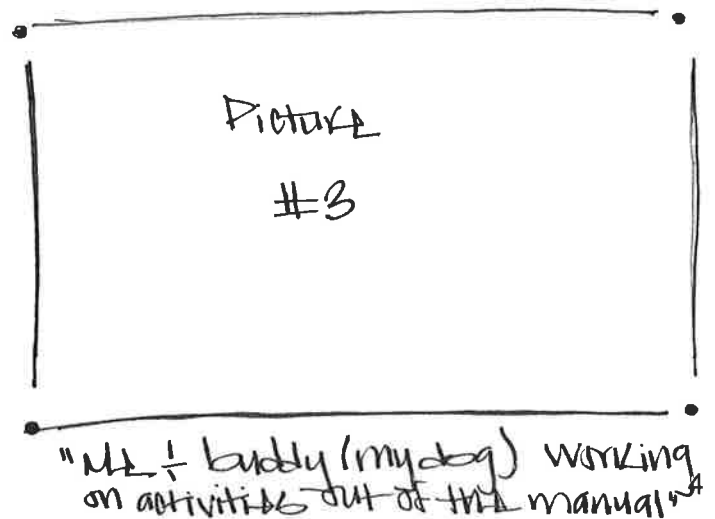
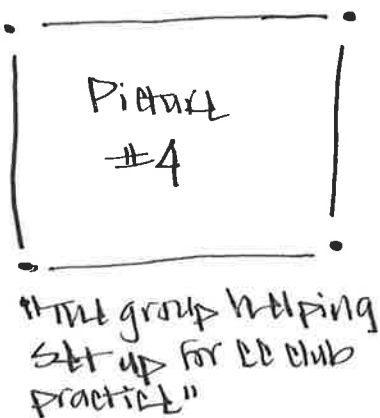
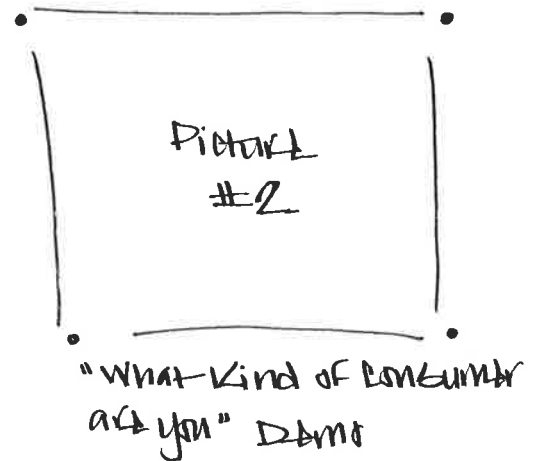
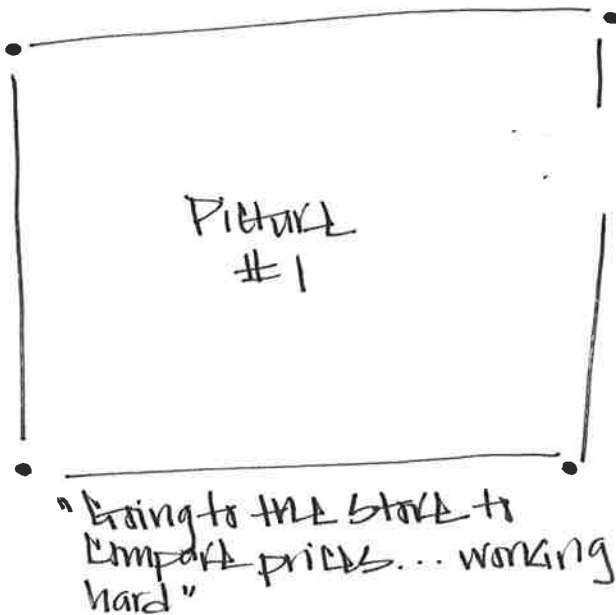
4. If another member was thinking of taking this project next year, what would you tell him/her about what can be learned in this project?

The main thing, it taught me the importance of being a good consumer and to start to understand how to work with a budget,

Photographs from your 4-H Project

A minimum of four pictures with a descriptive caption for each is required. Additional photos can be added. Pictures must be project-specific.

EXAMPLE =



My 4-H Story

Hi, my name is Chris Clover and this is my third year in 4-H. I am a member of the Los Caballeros 4-H Club in San Juan County, CO. I chose the Consumer Savvy project this year as I wanted to learn the importance of being a good consumer. I see that my parents have to stay on a budget and I want to make sure that I understand where they are coming from. Also, I am getting old enough to start earning allowance and want to keep track of the money coming in and out.

I set a goal for myself to watch my money more closely and to stay on a budget as I want to save up for an I-Pod touch as my parents won't allow a phone just yet. I have come close to my goal and hope to purchase the item in the next month or so. I have really taken the time to look at different prices and options.

I have learned how to make a list, keep track of my spending habits, save money, and most of all make good decisions about my money.

My mom helped me with this project as she is really good at keeping a tight budget. I also have our club's Consumer Savvy leader to thank as she took us out to the store to compare prices and also helped us prepare for the Consumer Choices Contest.

Being a 4-H member means a lot to me and I plan to continue until I graduate out of the program. I have been able to make new friends, learn life skills, and be involved with my community and the county. I had a really fun time helping with the Jr. Leaders Council community service project at the Ronald McDonald House.